Comprehensive Addiction Treatment Center Admission Criteria to JMC Detox Unit

- Patients must have a primary or secondary diagnosis of an alcohol or substance abuse disorder: Alcohol, Opiates (heroin, methadone, synthetic, opioids), Benzodiazepines.
  *(Crack and Cocaine use alone, does not fit criteria.)
- History of daily drinking and/or drug use for 2 weeks PTA.
- No Binge Drinking.
- Evidence of withdrawal syndrome with three or more of listed
  - Diaphoresis
  - Tremors
  - Agitation
  - Malaise/weakness
  - Anxiety/depressed mood/irritability
  - Sleep disturbance
  - Evidence of tolerance to alcohol/benzos/opiates
  - anorexia
  - Nausea/vomiting/diarrhea
  - Musculoskeletal/abd pain
  - Tachycardia>100 beats/minute
  - Orthostatic hypotension
  - Elevated blood pressure of above 170/100, without prior history of hypertension.
  - Rhinorhea
  - Lacrimation
  - Hx of prior withdrawal seizures
  - Withdrawal seizure within 48 hours

- **PATIENTS MUST BE MEDICALLY STABLE ENOUGH TO BE MANAGED ON BEHAVIORAL HEALTH UNIT**
  - NO IV'S
  - NO ACUTE INTOXICATION
  - NO FEVER
  - NO AGITATION
  - MUST AGREE TO DETOX, NOT SIMPLY TO SOBER UP

**Pre-Admission Work Up:**

1. Physical exam
2. Lab tests and should include Comprehensive Metabolic panel, Suppl Metabolic panel, CBC, Amylase, Magnesium level, Hep B surface Ag, Hep C Ab, PT, PTT, RPR, HCG, UA, U tox of 5 + PCP, Cannabis.
3. EKG, CXR
4. Medical management recommendations regarding tx of existing conditions (HTN, AODM, etc).